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October 24, 2016

Attention: All Members  
CUPE Local 873

**Re: Build Resilience & Drive Performance - Justice Institute Event**

Please see the attached information pamphlet containing all details for the upcoming "Build Resilience & Drive Performance" event hosted by the Justice Institute.

When: Monday October 31, 2016

Time: 9:30am-11:30am

Where: Justice Institute of BC: 715 McBride Boulevard, New Westminster

Cost: Free event for first responders

Further details and to register: <https://www.eventbrite.ca/e/resilience-training-for-first-responders-tickets-28795557287>

Sincerely,

Lindsay Penarsky  
Coordinator - Peer Critical Incident Stress Management  
Ambulance Paramedics of BC  
CUPE Local 873

LP/sw/MoveUp

# BUILD RESILIENCE & DRIVE PERFORMANCE



Game Change is proud to present Australian based **Hugh van Cuylenburg**, a world leader in presenting on the power of Resilience to promote mental well-being, personal performance, and mental and emotional adaptability. Visit: [www.theresilienceproject.com.au](http://www.theresilienceproject.com.au)

## WHEN

**Monday, October 31**  
**9:30am – 11:30am**

## WHERE

**Justice Institute of BC**

**715 McBride Blvd, New Westminster**

**LIMITED SPACE - BOOK NOW**

**[www.resilienceexperience.eventbrite.ca](http://www.resilienceexperience.eventbrite.ca)**

**FREE EVENT  
FOR FIRST  
RESPONDERS**

**BOOK NOW**

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